

REPORT OF PHYSICAL EXAMINATION

Purpose of this examination APPOINTMENT as Lt-C 1-V(S) USNR. Date of examination 5-21-40
Place of duty _____ Place of examination Reserve Armory, Ny. Yd. Wash. D.C.
Name JOHNSON, Lyndon Baines Rank Congressman Corps _____
(Surname first, Christian names in full)
Place of birth Texas Date of birth 8-27-08
Family history Father died in 1937. Mother living and well.

History of illness or injury Usual diseases of childhood

Head and face Normal

Eyes: Pupils (size, shape, reaction to light and distance, etc.) Equal. React to light and accomodation

Distant vision Rt. 20-1 /20, corrected to _____ /20 by J-1

Lt. 20 /20, corrected to _____ /20 by J-1

Binocular vision _____ Color perception Normal

(Without lenses—Recorded only when visual defects exist)

Disease or anatomical defects None

Ears: Hearing Rt. Watch _____ /40" Coin click _____ /20' Whispered voice 15 /15' Spoken voice _____ /15'

Lt. Watch _____ /40" Coin click _____ /20' Whispered voice 15 /15' Spoken voice _____ /15'

Disease or anatomical defects None

Nose Normal

(Disease or anatomical defect, obstruction, etc. State degree)

Sinuses Normal

Tongue, palate, pharynx, larynx, tonsils Normal

Teeth and gums (disease or anatomical defect): Dentally qualified

Dental treatment urgent Yes

(Yes or no)

Prosthetic treatment needed No

Gingival disease No

Nonvital teeth None

(List numbers)

Abscess or fistula No

Missing teeth # 16-19-32

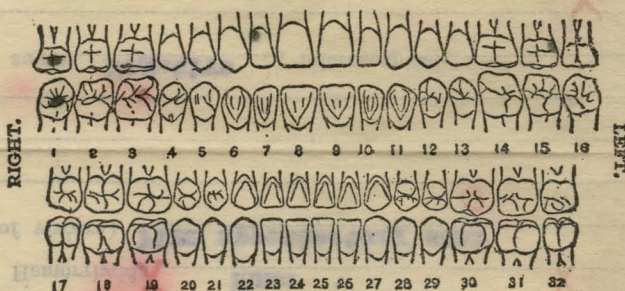
(List numbers)

Periapical disease No

Stomatitis No

Paradentosis No

Indicate previous work in red, present condition in black.
Mark missing teeth by X whether replaced or not. Show caries,
crowns, bridgework, plates, etc.



General build and appearance Medium

(State whether slender, medium, or heavy, and postural abnormalities)

Temperature 98.2 Chest at expiration 36

Height 74 1/2 Chest at inspiration 39

Weight 184 Circumference of abdomen at umbilicus 33

Recent gain or loss, amount and cause None

Skin, hair, and glands Normal

Neck (abnormalities, thyroid gland, trachea, larynx) Normal

Spine and extremities (bones, joints, muscles, feet) Normal

Thorax (size, shape, movement, rib cage, mediastinum) Normal

Respiratory system, bronchi, lungs, pleura, etc. Normal

Cardio-vascular system Normal

Heart (note all signs of cardiac involvement) Normal

Pulse: Before exercise 80 Blood pressure: Before, S 118, D 80

After exercise 98 Three minutes after, S 122, D 80
(Manual of the Medical Department par. 1520(6))

Three minutes after 82

Condition of arteries Normal Character of pulse Full and regular

Condition of veins Normal Hemorrhoids None

Abdomen and pelvis (condition of wall, scars, herniae, abnormality of viscera) Firm appendectomy scar

Genito-urinary system Normal

Urinalysis: Sp. gr. 1014, alb. Negative, sugar Negative, microscopical

Venereal disease None

Nervous system Normal
(Organic or functional disorders)

Romberg Negative Incoordination (gait, speech) None

Reflexes, superficial Normal, deep (knee, ankle, elbow) Normal Tremors None

Serological tests (when required)

Abnormal psyche (neurasthenia, psychasthenia, depression, instability, worries) Normal

Smallpox vaccination { Date last vaccination None Typhoid prophylaxis { Number of courses None
Reaction None Date of last course

Remarks on abnormalities not otherwise noted or sufficiently described above None

Summary of defects None

Is the individual fit to perform active duty at sea or on foreign service? (If not, state limit of duty) Yes

Findings and recommendations (as per Courts and Boards, when necessary) We hereby certify that
Mr. Lyndon Baines JOHNSON IS physically qualified for appointment as Lt-C.1-V(S)USNR.

MEMBERS STATUTORY BOARD
OF MEDICAL EXAMINERS

C. W. SMITH, Commander (MC) USN. (Retired)
W. E. KLEIN, Lieutenant (MC) USN.
L. B. HARPER, Lieutenant (jg) (MC) USN.

Remarks or endorsement

INSTRUCTIONS: Be definite in statement and specific in recommendation. All abnormal conditions shall be given diagnostic titles as listed in Navy Nomenclature. The original only shall be forwarded direct to the Bureau of Medicine and Surgery except in cases of personnel of the Naval Reserve when the original and one copy shall be forwarded via the Commandant. Regarding preliminary examinations for the Naval Academy, see paragraph 1403, and for color perception, paragraph 1428, Manual of the Medical Department, U. S. Navy. The spoken voice (ordinary conversation) shall be recorded in all cases of defective hearing. In recording vision, the numerator of the fraction shall be the distance at which Snellen's 20-foot test letters can be determined and the denominator, 20.

Form H

PHYSICAL EXAMINATION

To be completely made up by medical officer at time of enlistment, extension of enlistment, reenlistment, enrollment, appointment, commission, or promotion.

JOHNSON
(Surname)

Lyndon Baines

(Christian name)

Date

Previous service

U.S.N. U.S.M.C. U.S.A.

Born: Place Texas

Date 8-27-08

Nationality W-US

Religion Protestant

(Denomination)

Next of kin or friend (Wife) Mrs. Claudia JOHNSON

Johnson City, Texas.

Complexion Ruddy Hair Brown General appearance Normal

Head and face Normal

Eyes Brown. Normal

(Color, condition of lids, anatomical or other defect)

Vision: Right 20-20, corrected to 20. Color perception Normal

Left 20/20, corrected to 20.

Ears: Right Normal Left Normal

(Condition of drum, discharge, etc.)

Hearing: Right 15/15. Left 15/15.

Mouth, nose, throat Normal

(Condition of septum, tonsils, etc.)

Height 74½ Weight 184 Temperature 98.2

Chest at expiration 36, at inspiration 39

Skin and glands Normal

Neck (thyroid, trachea, larynx) Normal

Spine and extremities Normal

(Bones and joints, muscles, tendons, deformity, old fractures, flat foot, etc.)

Thorax (shape, movement, etc.) Normal

Respiratory system Normal

Heart and blood vessels Normal

Pulse before exercise 80, after exercise 98, after rest 82

Blood pressure: Systolic 118 Diastolic 80

Abdomen and pelvis Normal

Genito-urinary system Normal

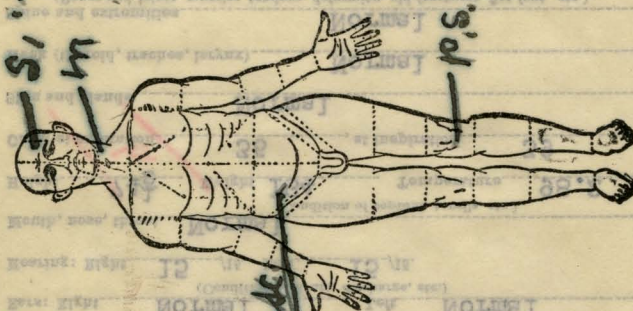
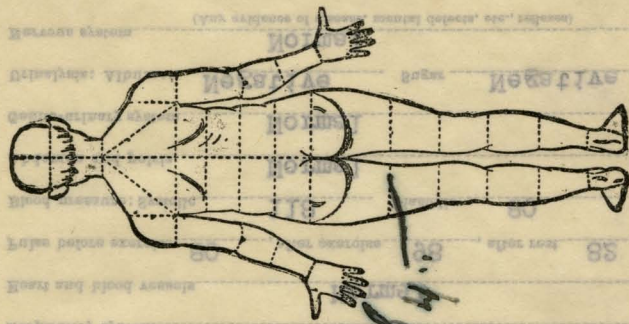
Urinalysis: Albumen Negative Sugar Negative

Nervous system Normal

(Any evidence of disease, mental defects, etc., reflexes)

MARKS, SCARS, ETC.

Enter original findings in red ink, those acquired subsequently in black ink, with date.



Date and nature of any wound, and defects not noted above
(Underheight, underweight, defective vision, etc.)

Reserve Armory

Place Ny. Yd. Wash. D.C. Date 5-21-40

I certify that I have personally made this physical examination.

(Signature) C.W. SMITH

Commander (MC) USN. (Retired) Senior Medical Examiner.

TERMINATION OF HEALTH RECORD

Place

Date

Termination by reason of

(Promotion, resignation, expiration of enlistment, physical disability, etc.)

All physical defects, however slight

(Signature)

GPO 4-4692a

Senior Medical Examiner.

1495668
yad
REPORT OF PHYSICAL EXAMINATION

Purpose of this examination For Active Duty Date of examination 12-10-41
Place of duty _____ Place of examination Naval Hosp., Washington, D.C.
Name Johnson, Lyndon Baines Rank Lt. Comdr. I-V(S) Corps USNR
(Surname first, Christian names in full)
Place of birth Stonewall, Texas Date of birth Aug. 27, 1908
Family history Negative

History of illness or injury ✓ Appendectomy 1937. Tonsillectomy 1941.

Head and face Normal

Eyes: Pupils (size, shape, reaction to light and distance, etc.) Equal, regular, react to L. & A.

Distant vision Rt. 20 /20, corrected to _____ /20 by _____

Lt. 20 /20, corrected to _____ /20 by _____

Binocular vision
(Without lenses—Recorded only when visual defects exist)

Color perception Normal 1929
(State edition of Stilling's plates used)

Disease or anatomical defects None

Ears: Hearing Rt. Watch _____ /40" Coin click 20/20' Whispered voice 15 /15' Spoken voice _____ /15'

Lt. Watch _____ /40" Coin click 20/20' Whispered voice 15 /15' Spoken voice _____ /15'

Binaural 15 /15'. Disease or defects None
(Spoken voice)

Nose Deviation nasal septum. No obstruction.
(Disease or anatomical defect, obstruction, etc. State degree)

Sinuses Clear

Tongue, palate, pharynx, larynx, tonsils Normal

Teeth and gums (disease or anatomical defect): Normal

Missing teeth 16 - 19 - 32
(List numbers)

Nonvital teeth #8
(List numbers)

Periapical disease No
(Degree)

Marked malocclusion No
(Yes or no)

Lack of serviceable occlusion No
(Yes or no)

Pyorrhea alveolaris No
(Degree)

Teeth replaced by bridges None
(List numbers)

Meets dental requirements Yes
(Yes or no)

Dentures No

General build and appearance Tall - erect
(Description)

Temperature 98.6° Chest at expiration 35 1/2"
(State whether slender, medium, or heavy, and postural abnormalities)

Height 74 1/2" Chest at inspiration 38"

Weight 195 lbs. Circumference of abdomen at umbilicus 36"

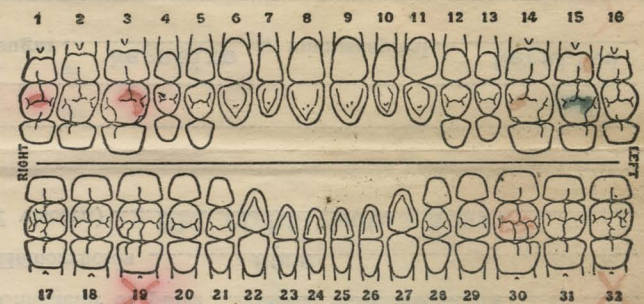
Recent gain or loss, amount and cause None

Skin, hair, and glands Normal. Eczema right hand, chronic.

Neck (abnormalities, thyroid gland, trachea, larynx) Normal

Spine and extremities (bones, joints, muscles, feet) Normal

Mark missing teeth by X whether replaced or not. Show size and position of caries in black, use red to indicate fillings and restorations.



R. W. M. Jones
(Signature of dental examiner)

Thorax (size, shape, movement, rib cage, mediastinum) Normal

Respiratory system, bronchi, lungs, pleura, etc. Normal

Cardio-vascular system Normal

Heart (note all signs of cardiac involvement) Normal

Pulse: Before exercise 84 Blood pressure: Before, S 134, D 84
 After exercise 96 Immed. after 154, D 86
 Three minutes after 84 Three minutes after, S 134, D 82
 (Manual of the Medical Department par. 1520 (6))

Condition of arteries Normal Character of pulse Full and regular

Condition of veins Normal Hemorrhoids None

Abdomen and pelvis (condition of wall, scars, herniae, abnormality of viscera) Old right rectus scar.

Genito-urinary system Normal

Urinalysis: Sp. gr. 1.014, alb. Negative, sugar Negative, microscopical Negative

Venereal disease None

Nervous system Normal
 (Organic or functional disorders)

Romberg Negative Incoordination (gait, speech) None

Reflexes, superficial Normal, deep (knee, ankle, elbow) Normal Tremors None

Serological tests (when required) Not indicated

Abnormal psyche (neurasthenia, psychasthenia, depression, instability, worries) None

Smallpox vaccination { Date last vaccination _____ Typhoid prophylaxis { Number of courses _____
 Reaction _____ Date of last course _____

Remarks on abnormalities not otherwise noted or sufficiently described above None

Summary of defects Deviation nasal septum - no obstruction.

Is the individual fit to perform active duty at sea or on foreign service? (If not, state limit of duty) Yes

Findings and recommendations (as per Courts and Boards, when necessary) Physically qualified for active duty.

I certify the above examination to be true and correct to the best of my knowledge.

Des. McCormick
G. E. McCormick, Lt. Comdr. (MC) USN
C. E. Erlicher, Lt. Comdr. (MC) USNR
C. L. Andrews, Lt. (MC) USN

Remarks or endorsement _____

INSTRUCTIONS: Be definite in statement and specific in recommendation. All abnormal conditions shall be given diagnostic titles as listed in Navy Nomenclature. The original only shall be forwarded direct to the Bureau of Medicine and Surgery except in cases of personnel of the Naval Reserve when the original and one copy shall be forwarded via the Commandant. Regarding preliminary examinations for the Naval Academy, see paragraph 1403, and for color perception, paragraph 1423, Manual of the Medical Department, U. S. Navy. The spoken voice (ordinary conversation) shall be recorded in all cases of defective hearing. In recording vision, the numerator of the fraction shall be the distance at which Snellen's 20-foot test letters can be determined and the denominator, 20.

2 Last name 3 First name and middle initial 4 A. S. No.

Johnson Lyndon B.

(b) 5 Grade	6 Company	7 Regiment and Arm or Service	8 Age
Lt. Comdr		U. S. Navy	33

(b) 9 Race	10 Nativity	11 Service	12 Date of admission
W	Texas	6/12	14 May 1942

(b) 13 Source of admission
Par 6b(5)(a) AR 40-590

14 Register numbers or hospital memoranda:

Diagnosis:

Rhinitis, Hypertrophic, acute,

Treatment:

Neo Silvo, 12 $\frac{1}{2}$ grain Codiene, Aspirin.

Jack M. Partain
J. M. PARTAIN, 1st Lt. M. C.

15 Name of Hospital

- (a) Fill in as: Register Index, Diagnosis Index, Disability Index, Death Index, Out-patient Index, or Venereal Report Card, as appropriate.
(b) Spaces 5 to 13 inclusive *not* to be filled in when form is used for Register Index in time of peace and in the Zone of the Interior in time of war.

MEDICAL HISTORY

Lieut. Comdr. JOHNSON, _____

(Surname)

Lyndon _____

(Christian name(s))

Born: Place _____

Date _____

STATE NAME OF PLACE

DATE EACH NEW ENTRY

U.S. NAVAL DISPENSARY, Fan Tan #2

A 6-22-42 Diag: Pneumonia, Broncho #811.

C.C. Sore throat, fever, malaise - 4 days.

P.H. Pt. has been flying about the Pacific

area on official Navy business. Four

days ago he became ill with above com-

plaints. Continued on duty despite the

symptoms, taking sulfapyridine as pre-

scribed by a Naval Medical Officer. On

his arrival here he was examined at his

hotel and sent to the New Zealand

Military Hospital. No pleuritic pain

some chilliness but no true chills. No

G.U. symptoms. Severe frontal headache.

P.E. Well developed, moderately ill man

about 40. Temp. 102.6 P.95 R. 24.

B.P. 120/80. Skin - hot and moist. Few

urticarial eruptions over buttocks and

abdomen. Head - neg. Eyes - pupils, EOM

neg.. ENT - Drums reddened and light re-

flex feeble. No bulging. Nasal mucus mem-

brane red with partial obstruction. Throat

diffusely reddened. Mouth - tongue neg.

No Koplik's spots. Neck - few cervical

nodes. Thyroid - not enlarged. Lungs -

coarse rhonchi both bases with few

crepitant rales rt. base. No rub. Heart-

not enlarged. Reg. rhythm 95 per. min.

No murmurs. B.P. 120/80. Abdomen - soft,

non-tender. No masses. Back and extrem.

neg. No clubbing tremor or cyanosis.

Joints - neg. Genitalia - normal male.

Reflexes - normal.

Lab. - Urine neg. Blood count showed WBC

10,300 with normal differential.

Course - Pt. sent to New Zealand Military

Hospital, given Sulfathiazole 2 gm. stat.

repeated in two hrs; then 1 gm. every

MEDICAL HISTORY

STATE NAME OF PLACE

DATE EACH NEW ENTRY

4hrs. Symptomatic treatment with codeine
ephedrine and adrenalin for the
urticaria. X-ray of chest showed bilateral
congestion suggestive mild broncho-
pneumonia.

D. 4 Pt. fever dropped abruptly from 104 deg.
to normal. Symptoms cleared rapidly and
discharged after 4 days since it was im-
portant that pt. leave this port on duty.

M. Sokolow
LT (jg) MAURICE SOKOLOW, MC-V (S) USNR.

FILE IN JACK

REPORT OF PHYSICAL EXAMINATION

1495068

med. free

Purpose of this examination Release from Active duty. Date of examination 7-16-42
 Place of duty Navy Department Place of examination U.S. NAVAL DISP. WASH., D.C.
 Name JOHNSON, Lyndon Baines Rank Lt. Cdr., I-V(S) Corps USNR.
 (Surname first, Christian names in full)
 Place of birth Texas Date of birth Aug. 27, 1908
 Family history Mother living and well, father died 60 heart disease.

History of illness or injury General health good., Pneumonia June 1942.

Head and face Normal

Eyes: Pupils (size, shape, reaction to light and distance, etc.) Regular react to I. & A.

Distant vision Rt. 16 /20, corrected to 20 /20 by Glasses

Lt. 16 /20, corrected to 20 /20 by Glasses

Binocular vision 16/20

(Without lenses—Recorded only when visual defects exist)

Color perception Normal 19th Edition.

(State edition of Stilling's plates used)

Disease or anatomical defects None

Ears: Hearing Rt. Watch 15 /40" Coin click 15 /20' Whispered voice 15 /15' Spoken voice 15 /15'

Lt. Watch 15 /40" Coin click 15 /20' Whispered voice 15 /15' Spoken voice 15 /15'

Binaural 15 /15'. Disease or defects None
 (Spoken voice)

Nose Deviation of septum to left.

(Disease or anatomical defect, obstruction, etc. State degree)

Sinuses Normal

Tongue, palate, pharynx, larynx, tonsils Normal

Teeth and gums (disease or anatomical defect): Noted below:

Missing teeth 16-19-32
 (List numbers)

Nonvital teeth no
 (List numbers)

Periapical disease no
 (Degree)

Marked malocclusion no
 (Yes or no)

Lack of serviceable occlusion no
 (Yes or no)

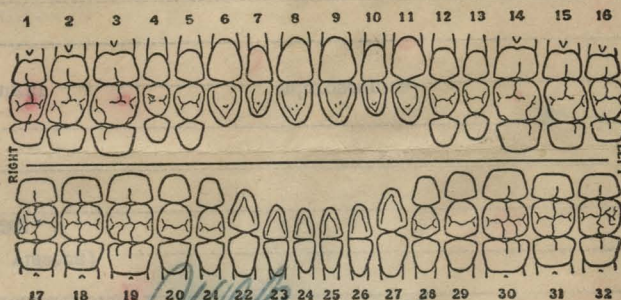
Pyorrhea alveolaris no
 (Degree)

Teeth replaced by bridges no
 (List numbers)

Meets dental requirements yes
 (Yes or no)

Dentures no
 (Description)

Mark missing teeth by X whether replaced or not. Show size and position of caries in black, use red to indicate fillings and restorations.



W. D. BRYAN, Lt. Cdr., DC, USN.
 (Signature of dental examiner)

General build and appearance Heavy
 (State whether slender, medium, or heavy, and postural abnormalities)

Temperature 98° Chest at expiration 34 1/2

Height 74 Chest at inspiration 37

Weight 189 Circumference of abdomen at umbilicus 33

Recent gain or loss, amount and cause 10 lbs past few months, pneumonia.

Skin, hair, and glands None

Neck (abnormalities, thyroid gland, trachea, larynx) Normal

Spine and extremities (bones, joints, muscles, feet) Normal

Thorax (size, shape, movement, rib cage, mediastinum) Normal

Respiratory system, bronchi, lungs, pleura, etc. Clear to p & n

Cardio-vascular system Normal

Heart (note all signs of cardiac involvement) Normal

Pulse: Before exercise 100 Blood pressure: Before, S 120, D 80
 After exercise 124 Three minutes after, S 130, D 90
 Three minutes after 96 (Manual of the Medical Department par. 1520(6))

Condition of arteries Normal Character of pulse Normal
 Condition of veins Normal Hemorrhoids None

Abdomen and pelvis (condition of wall, scars, herniae, abnormality of viscera) Lower R. Rectus scar-no masses or tender areas.

Genito-urinary system Normal

Urinalysis: Sp. gr. , alb. , sugar , microscopical

Venereal disease none

Nervous system normal (Organic or functional disorders)

Romberg neg. Incoordination (gait, speech) none
 Reflexes, superficial Active, deep (knee, ankle, elbow) active Tremors slight
 Serological tests (when required) none required.
 Abnormal psyche (neurasthenia, psychasthenia, depression, instability, worries) none

Smallpox vaccination { Date last vaccination 1942 Typhoid prophylaxis { Number of courses 3
 Reaction Primary Date of last course 1942

Remarks on abnormalities not otherwise noted or sufficiently described above None

Summary of defects Deviated septum to left.

Is the individual fit to perform active duty at sea or on foreign service? (If not, state limit of duty) Yes.

Findings and recommendations (as per Courts and Boards, when necessary) Physically qualified for release from active duty. This duty has not been adversely affected by this duty.

CERTIFIED A TRUE EXAMINATION.

J. H. BROOKS, Commander, MC, USN.

R. H. BOAD, Lieut. Comdr, MC-V(S), USNR.

A. S. WEAVER, Lieut. MC-V(S), USNR.

Remarks or endorsement

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MEDICAL HISTORY

SURNAME

JOHNSON

CHRISTIAN NAME(S)

Lyndon Baines

RANK OR RATE

LCDR USNR

FILE OR SERVICE No.

086243

BIRTHPLACE

Texas

BIRTH DATE

8-27-08

STATE NAME OF PLACE—DATE EACH NEW ENTRY

27 September 1949

Headquarters, Potomac River Naval
Command,
U.S. Naval Gun Factory,
Washington 25, D.C.

N
D * Physical examination for promotion
T to Commander, USNR conducted at USNH
E Bethesda, Maryland on 20 September 1949.

Defects noted:

Defective vision, right eye 20/25
and left eye 20/35. Both eyes
corrected to 20/20 (NCD)

*Above extracted from Standard
Form 88 completed at USNH Bethesda,
Maryland.

H. H. Linder
H. H. LINDER
LCDR MSC USN

(CONTINUED)

PAGE NO. _____

MEDICAL HISTORY

STATE NAME OF PLACE—DATE EACH NEW ENTRY

BUREAU OF MEDICINE AND SURGERY
NAVY DEPARTMENT

Date 3-9-49

To: BuPers or ComdtMarCorps

Subj: P U L H E S - classification in the case of
JOHNSON, Lyndon B., 86243

1.

P	U	L	H	E	S
1	1	1	1	2	1

2. Where the number is below two (2) give diagnosis followed by R or T if indicated.

P _____
U _____
L _____
H _____
E _____
S _____

By direction of the Chief, BuMed:

2113

C. R. Ball
C. R. BALL
Captain (MC) USN

MEDICAL HISTORY

Page 1

Surname JOHNSON

Christian name(s) Lyndon Baines

STATE NAME OF PLACE DATE EACH NEW ENTRY

Reserve Armory, Ny. Yd. Wash. D.C.

Examined 5-21-49 and found physically
qualified for appointment as Lt-C. 1-V
(S) USNR.

C. W. SMITH

Commander (MC) USN. (retired)

President Board of Medical Examiners.

(5,9)

Form

MEDICAL HISTORY

Page _____

Surname JOHNSON

Christian name(s) Lyndon Baines

STATE NAME OF PLACE DATE EACH NEW ENTRY

Reserve Armory, Ny. Yd. Wash. D.C.

Examined 5-21-49 and found physically
qualified for appointment as Lt-C. 1-V
(S) USNR.

C. W. SMITH

Commander (MC) USN. (retired)

President Board of Medical Examiners.

10-67728-1

SEN. LYNDON JOHNSON
12-14-55

I

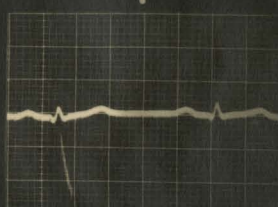
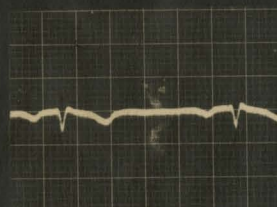
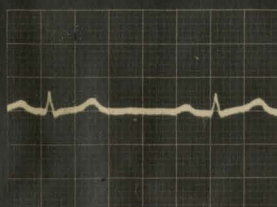
II

III

aV_R

aV_L

aV_F



V-1

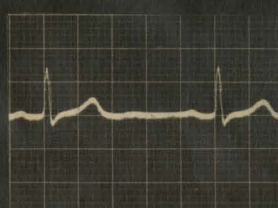
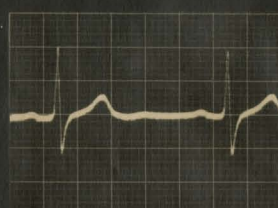
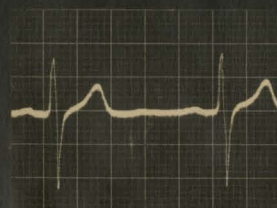
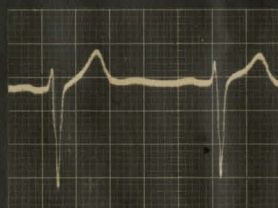
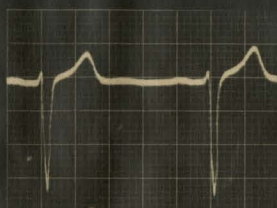
V-2

V-3

V-4

V-5

V-6



12-14-55 The present tracing shows no definite abnormality.
The previous tracings (July thru August 1955) showed posterior myocardial in

Admitted to hospital 12-14-55

CARDIAC CONSULTATION

SENATOR LYNDON B. JOHNSON

December 14, 1955

Five and a half months have now elapsed since Senator Johnson had a myocardial infarction. He has been active for the last two months. He has participated in a number of meetings, has flown considerable distances, and recently has walked a great deal. He has hunted deer on several occasions. He has the following complaints.

1. Fatigue. He notes unpleasant fatigue after approximately five hours and at that time seeks to be alone in order to rest. This fatigue is relieved considerably by a short nap and/or massage.
2. Precordial pulling sensation. He complains of a precordial pulling sensation that from time to time bothers him considerably. This pulling sensation is not routinely produced by effort. However he has noted this feeling occasionally while walking up a hill near his home, and particularly has noticed this sensation near the left nipple when he becomes irritated, anxious, frustrated, or tired. He cannot clearly state how long the discomfort lasts but has noted that it may come and go over a period of hours. The discomfort is relieved by alcohol or a short nap.
3. Breathlessness. He complains of some shortness of breath, particularly when he is in a crowded room. He has observed this when he is in a closed-in area such as an automobile. He notices this sensation frequently when the room is too hot and occasionally seeks relief by walking outside in the open. He feels as though his lungs are not being filled with air and frequently sighs. He has had no shortness of breath on effort. The dyspnea routinely occurs at the same time as the pulling sensation described above. Senator Johnson occasionally inhales oxygen and feels that this offers him some benefit. From his history it is doubtful if this maneuver is needed.

Senator Johnson has had no edema, no ectopic beats, no paroxysmal rapid heart action and no syncope. He complains of constipation and has been unable to eliminate mineral oil as a laxative. He has some difficulty in urinating. (This will be checked more thoroughly in the near future.) He is having much less cough and wheeze since he has discontinued smoking. He has been able to maintain his weight at approximately 177 pounds. He has now learned to omit many of the high-calorie foods without great difficulty.

Senator Johnson has been on .25 mgm. Digoxin daily, Peritrate, and Hexavitamins. He has tried phenobarbital for rest but this has not been too useful.

PHYSICAL EXAMINATION

General appearance is good. He has much less subcutaneous fat than formerly. His weight is 177 pounds. Blood pressure is 120/70 in the right arm. The peripheral vessels are easily palpable. On funduscopic examination the optic discs are normal and there are no hemorrhages or exudates. The retinal arterioles are slightly tortuous and show an increase in the light reflex and slight arterio-venous compression. Rales are heard in the lower lung fields but these disappear after coughing. No wheezing is heard. No edema is noted. On physical exam the heart is not definitely enlarged. A2 is louder than P2. There is a Grade I systolic murmur heard at the apex. There are no gallop sounds. The neck veins are normal. The physical examination of the abdomen is not remarkable except that the liver is palpable two fingersbreadth below the right costal margin. (This was noted previously.) Palmar erythema is noted.

The electrocardiogram has returned to normal. (See enclosed electrocardiogram.) There is a small Q wave in Lead 3 and an extremely small Q wave in Lead AVF. (These Q waves would undoubtedly be called within normal limits when the history was not known.) Previous electrocardiogram showed typical posterior myocardial infarction.

On fluoroscopic examination the heart appears to be of normal size. (The first impression in looking at the six-foot chest film is that the heart is slightly enlarged. However the heart is within normal limits in size when measured with a ruler and compared to the interthoracic width.)

OPINION

1. Coronary atherosclerosis with history and electrocardiographic evidence of posterior myocardial infarction on July 2, 1955.
2. Most of the precordial discomfort is related to nervous tension. However I believe that he occasionally has angina pectoris produced by anger, frustration, and anxiety, but not by effort.
3. History of renal stones, diverticulosis, bronchial stenosis, and degenerated lumbar disc.

SUGGESTIONS FOR TREATMENT OF SENATOR LYNDON B. JOHNSON

(These suggestions will be altered by Drs. Cain and Burchell of the Mayo Clinic, Dr. Gifford at the U. S. Capitol, and Dr. Whaley of Johnson City, Texas, as they see fit.)

1. Continue the Digoxin, .25 mgm. daily, Peritrate, and Hexavitamins.
(Some of these medications may be altered after Senator Johnson returns to Washington where he can be observed frequently.)
2. Since Senator Johnson works under considerable pressure it would be worth noting the effect of drugs such as Serpasil or Equanil. These drugs should not be tried until he can be observed daily by Dr. Gifford in Washington. The tendency of Serpasil to cause slight diarrhea might be of some benefit also.
3. Most of the precordial discomfort is due to nervous tension. However it is desirable to study the effect of nitroglycerin on this sensation. He has been instructed to use 1/200th grain of nitroglycerin under the tongue and to note the presence or absence of relief. If 1/200th grain of nitroglycerin produces too much pounding in the head, then 1/400th grain should be used. Senator Johnson understands that nitroglycerin should produce prompt relief and that I would not encourage its use for sensations that are clearly not due to angina. It will probably take some time to separate the discomforts that he experiences. If it becomes quite clear that none of the discomfort is angina pectoris, then of course nitroglycerin should not be used. This will also require some more observation.
4. He is to maintain his weight at approximately 175 to 185 pounds.
5. I have the following suggestions to make regarding the organization of his future work.
 - A. Facilities should be available for him to rest when he is fatigued. Fatigue usually occurs after about five hours.
 - B. Since much of his difficulty is produced by irritating situations it is obvious that uncomplimentary letters and poor press releases should be withheld whenever possible. This is his own suggestion. He has also expressed the hope that he would not be forced to come into contact with unpleasant and unnecessary visitors.
 - C. Apparently it will be satisfactory for him to arrive at the Capitol at approximately 10:00 to 10:30 a.m. It would be a good plan to have lunch in the office and have facilities for rest and an occasional massage, which apparently relieves him a great deal. He could then complete the day as soon as possible and should be home by 7:30 to 8:00 p.m. Since the interval of time between lunch and dinner is great, I would suggest a small amount of food at approximately 5:00 p.m.

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Senator Lyndon B. Johnson
December 14, 1955

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(Suggestions for Treatment - continued)

- D. His social activities should be kept at a minimum and he should not go out more than one night per week.
- E. I suggest that he take a short vacation every three to four months.

J. Willis Hurst, M.D.